will feel reasonably well although the infection still lingers

consumptive may

become well enough

to work without being physically healed. The im-

portant thing is that he should strictly

follow out the rules laid down by his doctor. He "must bring to his task the

enthusiasm and concentration displayed

American in playing

base ball or making

lays down the laws

of the game. If you

follow the rules, and play hard and courageously,

have a good chance

to win. If you break the rules, you are sure to lose."

What is tubercu-

losis? The chapter on "The soil and the seed" explains this

intelligibly to the

average person. "Burn or boil some

kernels (or seed) of

wheat, or cover them with strong acids and their life is

them in a suitable

destroyed.

average

Nature

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Put

the

a fortune.

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in the body."

PROFESSIONAL REVIEW.

HOME CARE OF CONSUMPTIVES.*

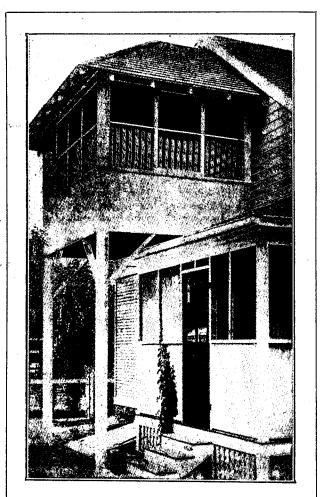
The home care of consumptives is a question. of very urgent importance, for a large number of phthisical cases must, of necessity, be treated at home, and the conditions under which such treatment is carried out are a very large factor in the ultimate result. A book on this subject therefore, by Mr. Roy L. French, M.A., former

Secretary of the Kentucky Tuberculosis Commission, is of great interest. The author is a social worker, who has been engaged both in educational and executive work in the campaign against tuberculosis. The book is primarily written, from the point of view of the social worker, for patients, tubercu-losis workers, visiting nurses, teachers, ministers, and clubs interested in the health problems of their localities, and also in the hope that those doctors who realise most keenly the necessity of the patient's intelligent co-operation in the details of treatment will place the book in the hands of the family.

The first message of the book is Hope. No longer when a doctor pronounces a case to be consumption is it equivalent to pronouncing th; death warrant. We read, "Nature fights steadily with you and not against you. Almost everyone is

are in poor physical condition as a result of overwork, loss of sleep, lack of proper food, worry, vicious habit, or an attack of some other disease, then the germs of tuberculosis previously implanted

in the body get their opportunity to develop." "Some years ago," we read, "people talked about 'curing' tuberculosis. Now we speak of 'arresting' the disease. Tuberculosis, a chronic disease, runs over a long period. In practically all cases of improvement the symptoms will almost wholly disappear, and the patient



A TEMPORARY PORCH, WELL BUILT, NOT TOO EXPENSIVE AND IN GOOD TASTE.

at some time infected with tuberculosis. Most of us never know that we have been infected because the germs are quietly killed or walled up in the body. It is only when a particularly severe infection occurs, or when we are repeatedly infected while in a run-down condition that an active tuberculosis process develops. When we granary and life is preserved, though they will not grow and produce a crop of their own kind. Plant them in fertile soil and give them sunshine, warmth and moisture and they will grow. An analogy is then drawn between the growth of the germs of tuberculosis and the kernels of wheat, and the principal symptoms of tuberculosis are detailed, of the lungs (phthisis), of the glands (scrofula), and of the bones and joints, the methods of infection and development, also the conditions

^{*} Messrs. G. P. Putnam's Sons, 24, Bedford Street, Strand, W.C. 5s. net.



